

Douglas County School District #15 - Days Creek

Home of the Wolves



ATHLETIC HANDBOOK

DAYS CREEK CHARTER SCHOOL ATHLETIC PROGRAMS PHILOSOPHY

The District believes our athletic program complements, reinforces and extends academic programs by offering unique leadership opportunities for students to grow and develop intellectually, physically, emotionally, socially and ethically. The District also believes that in addition to providing a constructive arena for exercising the competitive spirit, athletics fosters a sense of both school and community pride. Participants, school personnel, parents and the community at large all contribute to creating the conditions for the success of the athletic program.

The District considers participation in athletics to be a privilege offered to the individual athlete who then becomes accountable for fulfilling the related responsibilities. Participation in competitive athletic endeavors is a valued life experience where both success and failure can make positive contributions to human growth in self-discipline, emotional maturity, and self-respect. Athletics should stress fairness in human relationships, commitment to doing one's best, respect for others, humility in victory, and graciousness in defeat. In addition, athletics should contribute to the development of lifelong health habits in exercise and nutrition.

The opportunity to participate in interscholastic sports programs shall be available to all students. Comparable programs shall be available for boys and girls, funding shall be equitable, and facilities and equipment shall be substantially equal. Participants are entitled to skilled instruction, a safe competitive environment, respect as individuals, and personal dignity.

While the District takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures which compromise good sportsmanship and good mental health. At all times athletic programs shall be conducted in such a way as to justify their inclusion in the District's educational program.

Operational procedures and regulations to implement the full intent of this policy shall be prepared and monitored by the superintendent.

PURPOSE OF EXTRACURRICULAR PROGRAM

All students are encouraged to participate in extracurricular activities. Qualities such as fair play, good sportsmanship, ethical conduct, self-discipline and self control can result from this participation. More specifically, extra-curricular activities are an educational endeavor. Student athletes represent DCCS and will be held accountable to uphold the integrity of our school whether on the competitive field or off.

ELIGIBILITY

Basic eligibility rules are standard for all teams of the Days Creek Charter School. Any additional rules by individual coaches must not conflict with school policy. The Superintendent/Principal and Athletic Director must approve all individual rules. Any student trying out for or becoming a member of any extracurricular team shall comply with the dress and personal appearance rules and requirements of the school and coach. Violation of rules established by the head coach, or conduct which is abusive or disrespectful may result in suspension or dismissal from the squad.

VARSITY "DC" LETTER AWARD

Earning a Varsity Letter Award is an honor and takes great work and commitment. Letter awards are earned by playing a minimum of half the varsity contests total time, quarters, periods, or innings. To earn a letter in Track and Field or Cross Country, an athlete must have set a new personal record in at least 2 events, or qualified for a OSAA State sanctioned event. Exceptions to any of these guidelines are: 1. Seniors who finish the season in good standing will automatically earn a letter award whether or not they played on a Varsity squad. 2. Any injured athlete that commits to staying with the team after the injury even if the injury prevents them from competing. 3. At the coaches discretion after meeting with the Athletic Director to discuss honoring an athlete with the award.

ELIGIBILITY REQUIREMENTS:

1. Academic Eligibility - Grades will be checked weekly after the first midterm period of each semester. Any student athlete failing one or two classes will be placed on academic probation for the week. After 1 week, If the student athlete does not bring their grade up to passing, the student athlete will be declared ineligible and not able to participate in any and all extracurricular activities, clubs, including FFA, forestry, etc., for a minimum of one school week. The student will remain ineligible and checked weekly and only deemed eligible when passing all classes. Any student athlete failing more than two classes is automatically ineligible to participate until they are passing all classes at the weekly eligibility check. The status of eligibility will carry over into the next quarter, for any student athlete who fails a class at the end of a quarter.

Administrative Rules:

- a. After the midterm check, teachers will compute grades every Monday. The athletic director will compute a list of eligibility every Monday by the end of the day.
- b. Once declared probation/ineligible, a student athlete can only be taken off the list at the next weekly grading period beginning on Monday.
- c. Teachers will communicate with students about their grades on a weekly basis.
- d. Teachers are required to give any student on the eligibility list a progress report to send home to parents.
- e. Once ineligible, a student athlete can become eligible again by either passing all classes or by obtaining a written explanation from a teacher showing a clerical error in the given grade. A student athlete may participate with one or two grade(s) of (F) for a one-week probationary period but may not participate if they have more than two grades of (F).
- f. Any student athlete who is on academic probation must be passing all classes before they are removed from academic probation.
- g. Students that have an Individualized Education Plan (IEP) or an Individualized Academic Plan (IAP) will have to meet their eligibility requirement according to their individual plan.
- h. Any student athlete who is academically ineligible will not be allowed to travel with the team to away contests but they may practice.
- i. If any student athlete feels that their ineligibility status is unfair, they may refer to the Due Process Policy in either this handbook, or the Student/Parent Handbook.

- j. Students who fail a class at the end of a quarter, will be under the same rules as listed above. If it is their first time on the list they are on Probation. If they were on probation, they are ineligible until they are passing the class in the next grading period.
- 2. Oregon School Activities Association (OSAA) ineligibility states that an athlete must have passed 5 classes the previous semester or they are ineligible for the next semester.
- 3. A student is ineligible if his/her 19th birthday is prior to August 15th.
- 4. There will be no mandatory sports participation between regular sport activities for one week. This allows the athletes to rest and regroup if they choose.
- 5. A student not finishing a sport, ie. quitting, will not be allowed to participate in the next sport season without meeting with all coaches involved and the Athletic Director in order to present reasons as to why they quit. Only then will they be considered for participation in the next sport.
- 6. Student athletes not in school THE ENTIRE DAY will not be allowed to participate that day, unless the absence has been EXCUSED and cleared through the office. Any exceptions must be cleared by the Superintendent/Principal. These exceptions should in all cases, be cleared before the absence. Excused absences include medical appointments, family emergencies and pre-arranged absences. This does not include coming in late the morning after a late game!
- 7. A student athlete will not be allowed to workout with or become a member of any team until his athletic equipment from a previous season is checked in, paid for, or cleared by the coach.
- 8. A participant who is dropped from a squad for disciplinary reasons will not be allowed to become a member, or work out with any other extracurricular team during that sports season.
- 9. All student athletes participating in interscholastic competition must have satisfied their Student Body fee requirements before they are eligible to play.
- 10. All student athletes participating in extracurricular activities must sign a statement acknowledging that they have read and understand the eligibility requirements and the training rules.

Behavioral Eligibility- Any student with referrals, serving detention, suspensions etc., may not be granted the privilege to participate in sports.

PARTICIPATION REGULATIONS

PARTICIPATION FEES:

1. As of August 2023, all pay to play sports fees have been waived and are no longer required.

PHYSICAL EXAMINATION (Required for Participation):

- 1. All athletes are required to have a physical exam on file, every other year.
- 2. Although not required every year, physical exams are encouraged on a yearly basis.
- 3. All physicals must be performed using the approved OSAA Physical Examination Form and can be found at the District Office

FORMS AND FEES (To be completed before participating):

- 1. General fees
- 2. Completed emergency form
- 3. Signed athletic behavior contract

- 4. Proof of Insurance
- 5. Physical Examination on file in the school office

EXCUSES DURING THE SCHOOL DAY:

- 1. Student athletes who are to be excused from classes for participation in a contest are to be fully informed by their coach of the following responsibilities:
 - a) <u>Student athletes are responsible for all materials missed due to absences for athletic events.</u> <u>Arrangements for current class assignments must be made with the instructor before departure.</u>
 - b) Student athletes must be prepared for participating in class work on the day of return to class.
 - c) Students are expected to be at school and on time the entire day after all games.
- 2. Student athletes who have discipline responsibilities will fulfill them before being excused for school activities.

ATHLETIC TRAVEL:

- 1. All members of athletic teams must travel in school transportation and must return by school transportation. The only exceptions are as follows:
 - a) When a student athlete has permission to ride from an athletic activity with an adult other than his/her parent or guardian, the student athlete must present a letter signed by their parent/guardian **prior to leaving school** to the administration for approval. Additionally, the parent must confirm the arrangements with the coach and or the administration.
 - b) At no time shall a student athlete be released to another student or individual under the age of 25 for transportation home after an away game.
 - c) All other exceptions must be cleared by the superintendent/principal prior to each event.
- 2. The arrangements for transportation of athletic teams will be made by the athletic director.
- 3. All athletic trips are to be taken in District provided vehicles whenever possible. Exceptions to this include those caused by squad size, or superintendent/principal-approved circumstances.
- 4. The coach will be responsible to see that the conduct and appearance of players in his/her charge is exemplary in every way. Clothes should be neat and clean.

PUBLICATIONS OF NAMES AND ATHLETIC ROSTERS:

If parents/guardians object to the publication of their child's name on an athletic roster that may appear in the newspaper they should contact the Superintendent/Principal.

ATHLETIC FIELD GUIDELINES:

Motorcycles, horses or unauthorized cars are not allowed on the track at any time. Bicycles are not to be ridden on the skinned areas of the ball fields. Climbing on dugouts, grandstands, fences or other football, baseball, or P.E. equipment or field is forbidden. Writing on grandstands or other buildings is also forbidden.

WEDNESDAY NIGHT:

Wednesday night is reserved for family activities. No athletic contests are to be scheduled Wednesday evening unless cleared through the Athletic Director. These contests will be kept to an absolute minimum.

DUE PROCESS FOR STUDENT ATHLETES

In the event that the student athlete feels they were treated unfairly, it is their responsibility to first talk to the coach/teacher involved. If a resolution was not agreed upon, then the following due process may be used. This process is not intended to supersede the district's student discipline policy and procedures.

- 1. If the student or parent is not satisfied with the resolution of the situation, he/she may appeal it to the athletic director, in writing, within two (2) school days of notification of the disciplinary action.
- 2. The athletic director and school superintendent/principal, in consultation with the coach, will determine whether the student athlete shall continue activity with the team during the appeal process.

Upon receipt of the appeal, the athletic director and the principal will investigate the situation, including conducting an informal hearing. The student will have the opportunity to present his/her version of the facts. The athletic director and/or principal of the school shall respond to the complaint within two (2) school days of the hearing and make a written record of the findings and recommendations.

If the student or parent is not satisfied with the response, he/she may use the district complaint process, however, the suspension shall be honored during this stage of the appeal process.

6/12/24



Days Creek Charter School Student Athlete Contract

I recognize that athletic participation is a privilege and voluntary. Thus participating in athletic activities is subject to limitations caused by my behavior. This contract is binding and applies to all sports for the entire school year. Contract guidelines are as follows:

- 1. I will not possess or use alcoholic beverages.
- 2. I will not possess, use or sell illegal or prescription drugs.
- 3. I will not possess or use tobacco or any inhalant delivery systems such as vaping, juul, etc.
- 4. I will not be associated with or present at any activity at any time, where underage drinking or illicit drug use is being acted out, i.e. parties.

Consequences for breaking the above training rules are as follows:

1st Offense: 30 day suspension from extracurricular participation.

- 2nd Offense: 90 day suspension from extracurricular participation.
- 3rd Offense: 180 day suspension from extracurricular participation.

4th Offense: Prohibited from all extracurricular participation for the remainder of high school career.

If it is the desire of the athlete to return to the team after the suspension is served, then the student athlete is required to fulfill team duties while serving the suspension i.e. team meetings, practices, etc. Student athletes who are suspended from the team will not be allowed to travel with the team to away contests, during their suspension.

Note: Any student convicted of selling drugs, on or off school grounds during the school year will be suspended from all teams and may face expulsion from school.

- 5. I will not engage in activities which will result in criminal convictions.
- 6. I will attend all practices, unless prior arrangements have been made due to special circumstances.
- 7. In order to participate in any athletic event, practice, or club affiliated event, I will be present at school **all day**, checking in no later than 8:30 a.m. on the day of that event, unless my absence is excused by the administration.
- 8. I will ride to and from all athletic contests with the school's transportation unless prearranged, using the Student Transport Form, submitted to the coach prior to leaving for the contest.
- 9. I understand and will meet all academic eligibility requirements.
- 10. I recognize that I will not be allowed to change sports after the first week of the season unless both coaches agree.
- 11. I understand and will abide by the student code of conduct for The Days Creek Charter School in order to participate in sports.
- I will be responsible for all school equipment which is issued to me and will pay for any lost or damaged items.
 I understand that I will not be allowed to begin another sport until all previous equipment is turned in and all fees are paid.

- 13. I understand that a coach has the right to suspend or dismiss a participant for actions that have a negative impact on the reputation of the Days Creek Charter School. These include but are not limited to all serious or chronic behavior violations that are addressed in the Days Creek Charter School Code of Conduct.
- 14. I understand that if I feel a discipline action imposed on me is unfair, I have the right to appeal the decision through due process listed in this handbook.

I have read and understand the rules and consequences of violating any of the above-mentioned rules.

Student Signature:	Date:	
Parent/Guardian Signature:	Date:	